

February 15th Agenda

Conscious Discipline PolyCom

Preventing Power Struggles

Training timeframe 6:00pm-8:30pm

Welcome

Receive Handouts

Introduction

Q&A from November PolyCom

How do we get into power struggles?

3 different types of power, personal power, power over, & power under.

Punishment versus responsibility

3 different tones, Passive, Aggressive & Assertive

Difference between a command and a request

5 steps to prevent & get out of a power struggle

Healing after a power struggle

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