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## **Food Pantries-Meals-Household Items**

### **Assembly of God Church**

**231-775-7858**

1120 West Division Cadillac, MI 49601

Hours: 3:30-5:00pm Every 2nd and 4th Monday of the Month Purpose: Basic food supply.

### **Life Resources of Northern Michigan**

**231-775-1545**

419 N. Lake St. Cadillac, MI 49601

24 Hour Hotline: 800-395-4357

Hours: Monday - Thursday 10:00am-5:00pm Purpose: Baby food Formula Cereal

### **Community Food Pantry**

**231-775-2662**

Cadillac Revival Center 984 Platt Rd. Cadillac, MI 49601

Hours: Wednesday 8:30am Contact: Pastors Will & Pat Markham, Senior Pastors

Purpose: To fill the gap between the costs of necessities for those in need.

### **DHHS-Department of Health and Human Services**

**231-779-4500**

See front page

### **Family Life Center**

**231-839-2244**

Living Light Christian Church 7700 W. Blue Rd. Lake City, MI 49651

Call for an appointment. Hours: Tuesday 11:30-2:30pm Wednesday 11:30-2:45pm

Purpose: Basic food supply.

### **King's Storehouse Food Pantry**

**231-775-5629**

First Baptist Church 125 Stimson St. Cadillac, MI 49601

Hours: 10-11:00am Monday, Wednesday, Friday. Contact: Carol Bogart Purpose: To give temporary help to those in need of food. Give food and some paper products at no cost to the families. Lend a listening ear and comfort to people in times of crisis, through the love of Jesus. Refer people to Love, INC. for further help. Our food orders usually last the family 3 days. We will help 3 times per year, unless Love, INC. asks us for more assistance. Because of the three times per year limit we now ask for picture I.D.

### **Living Word Ministry Family Care Network**

**231-824-6502**

800 S. Michigan Old Erb Lumber Building Manton, MI 79663

Call for an appointment one time a month. Hours: Monday 9:00am-12:00pm Purpose: Basic food supply.

### **Manton Free Methodist Church**

**231-878-2206**

201 N. Michigan Ave. US 131 Manton, MI 49663

Call for an appointment. Purpose: Emergency food supply.

### **Mesick Community Food Pantry**

**231-885-1179**

Mesick United Methodist Church

121 S. Alvin St. Mesick, MI 49688

Hours: Thursday 2:00-3:30pm Purpose: Emergency needs.

### **Missaukee Cooperative Ministries**

**231-839-4485**

6180 W Sanborn Lake City, MI 49651

Hours: Monday thru Thursday 9-12 Purpose food assistance and household toiletries also utilities shut off assistance.

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**Salvation Army****231-775-7131**

725 Wright St. Cadillac, MI 49601

Hours: Monday through Friday 1:00pm-2:30pm Purpose: To provide basic food needs. Some meats are available. Formula, Toiletries, Diapers May receive donations every 3 months. Must work with a caseworker. Any other services by appointment only

**Seventh Day Adventist County Service Center****231-775-9331**

815 E. Division St. Cadillac, MI 49601

Hours: Most Tuesdays 9:00am-1:45pm Contact: Penny Sluiter (if possible call before to set up appointment)

Purpose: To supply basic food needs, free clothes, odds and ends.

**Foster Closet of Michigan****231-884-2363**

New and gently used basic items

**Health Care- Medical****AIDS Hotline****800-872-2437****Alcoholics Anonymous****888-245-7356****Cadillac After Hours Clinic****231-775-8814**

440 Cobb Street Cadillac, MI 49601

**Munson Urgent Care****231-876-2644**

302 Hobart Street Cadillac, Mi 49601

**Sound Choices of Northern Michigan****231-775-8000**

909 Carmel St. Cadillac

Free pregnancy testing, obstetrical ultrasounds and sexually transmitted infection testing. All services are free and confidential.

**Dental Clinics North****877-321-7070**

To provide free dental services to people through District Health Department #10.

**District Health Department #10 Lake City****231-839-7167****District Health Department #10 Cadillac****231-775-9942**

**Maternal and Infant Health Program** - A home visiting program for women and infants on Medicaid. Team approach of nurse, social worker and dietician are assigned to the family based on what their needs are. Education, support through pregnancy and up to 1 year old (or older in some cases).

- **Immunizations:** Needed vaccines offered for birth through adulthood, including flu vaccine. It is recommended this year that all children 6 months-18 years old get the flu vaccine (and caregivers caring for that age group).
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- **Healthy Futures** available to all pregnant women and infants, regardless of income, who deliver at Munson of Traverse City or Munson Health Care of Cadillac. Phone calls and a postpartum home visit by an RN.
- **Children's Special Health Care Services-** health insurance and nursing support to children with certain health needs.
- **Public Health Services-** Disease surveillance and follow-up etc.
- **W.I.C.** women, infant, children nutrition. Family planning services. Outreach agency to get all children insured.
- **Healthy Families Northern Michigan-** is a volunteer program that offers guidance, information, and support to families through home visits that may continue until your child is four years of age.
- **Medicaid Information**

## **Hospice of Michigan**

**888-247-5701**

## **Munson Health Care of Cadillac (formally Mercy Hospital)**

**231-876-7200**

Since we opened our doors in 1908, Munson Healthcare Cadillac Hospital has been working to improve the health of people in the Cadillac community. Today, we provide quality health care to more than 80,000 residents across seven counties. Our hospital staffs 49 acute-care beds and has 96 active physicians along with allied health professionals that have expertise in more than 30 specialties. On-staff specialists offer care in cardiology, general and orthopedic surgery, obstetrics and gynecology, pediatrics, podiatry, and urology. We invest heavily in attracting the top medical specialists and acquiring the newest technology. Our ultimate goal: to offer you every possible advantage, so you can achieve the best possible health.

## **Michigan Enrolls**

**800-975-7630**

## **Northern Lakes Community Mental Health**

**231-775-3463**

527 Cobb Street Cadillac, MI 49601

Services provided to promote the behavioral health of our individuals, families, and communities. Case Management Advocacy with families and the schools, medication (Psychiatric) primarily work with Developmentally Disabled Children and Adults. Sit on Family Support Team

- **Crisis intervention, emergency services**
- **Home-based infant mental health services birth-age 5**
- **Respite Family Support Subsidy**
- **Counseling**
- **Case Management Advocacy**

## **Pine Rest**

**231-947-2255**

Sixth and Madison Traverse City, MI 49684

Services Provided: Counseling with children (behavioral, emotional and medical)

## **Parent Help-Line**

**1-855-427-2736**

Services Provided: For families who need immediate assistance with parenting concerns - 24 hours a day - confidential, trained counselors available.

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**Stehouwer Free Clinic****231-876-6150**

201 N Mitchell St, Suite L-1, Cadillac

Office hours: Monday - Thursday 9 a.m-4:30pm

We help patients obtain free and reduced-cost medication. As well as serves as a referral source for many other health-related programs in the community.

- **Non emergency medical help**
- **Free and reduced-cost Medication Access Program (MAP)**
- **Referrals**

**Wexford-Missaukee I.S.D. General Education Prevention Services****231-876-2265**

Purpose: Prevention Services provides support/resources for those who are dealing with substance abuse, violence, and homeless issues. Services fall into any of the following categories: ID and referral Education / Training Community School

- **Substance abuse education and support**
- **Support with homelessness**
- **Support with present or past violence issues**

**Wexford Adolescent Wellness Center** (run by District Health Department #10) located inside

Cadillac Jr. High School,  
500 Chestnut St., Cadillac  
231-306-4900

Medical and Mental health services are provided to 10-21 year olds who reside in or go to school in Wexford County.

Healthcare services include treatment for acute and chronic illness and injuries, physical exams/well child visits, immunizations, STI testing and treatment, pregnancy testing and counseling, and health education. All insurances accepted. Individuals with no insurance welcome. Assistance in Medicaid Enrollment for the uninsured.

**Manton Adolescent Wellness Center** (run by District Health Department #10) located inside

Manton High School  
105 5th St., Manton  
231-306-3010

Nursing and Mental health services are provided to 7-12th grade Manton Schools students. Nursing services include:

Acute care for illness and injuries, Immunizations, STI testing and treatment, Pregnancy testing and treatment, health education, and referral for care. No out of pocket cost for services. Assistance in Medicaid enrollment for the uninsured.

**Mesick Adolescent Wellness Center** (run by District Health Department #10) located inside Mesick High School,

581 Clark St., Mesick  
231-876-3805

Nursing and Mental health services are provided to 6-12th grade Mesick Schools students. Nursing services include:

Acute care for illness and injuries, Immunizations, STI testing and treatment, Pregnancy testing and treatment, health education, and referral for care. Assistance in Medicaid enrollment for the uninsured.

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