



# MARCH



## 2023 Home Delivered Meals: Grand Traverse & Leelanau County

<p>3/17 – St. Patrick's Day</p> 	<p>3/20 – 1<sup>st</sup> day of Spring</p> <p>No MATTER how long the winter, SPRING is sure to FOLLOW.</p> 	<p>1 Beef &amp; Bean Chili Corn Carrots Fruit Cup Bread &amp; Butter</p>	<p>2 BBQ Chicken Scalloped Potatoes Corn Fruit Cup Bread &amp; Butter</p>	<p>3 Macaroni &amp; Cheese Stewed Tomatoes Peas Fruit Cup Bread &amp; Butter</p>
<p>6 Chicken Pot Pie Brussels Sprouts Beets Fruit Cup Bread &amp; Butter</p>	<p>7 Swedish Meatballs Mashed Potatoes Peas &amp; Carrots Fruit Cup Bread &amp; Butter</p>	<p>8 Chicken Fajitas Refried Beans Fiesta Corn Blend Fruit Cup Bread &amp; Butter</p>	<p>9 Meatloaf w/Gravy Mashed Potatoes Succotash Fruit Cup Bread &amp; Butter</p>	<p>10 Navy Bean &amp; Ham Soup Brown Rice Winter Squash Fruit Cup Bread &amp; Butter</p>
<p>13 Meatballs w/Marinara Scalloped Poatoes Broccoli Fruit Cup Bread &amp; Butter</p>	<p>14 Roast Chicken Mashed Potatoes Carrots Fruit Cup Bread &amp; Butter</p>	<p>15 Asian Pork Brown Rice Midori Blend Vegetables Fruit Cup Bread &amp; Butter</p>	<p>16 <b>Happy St. Patrick's Day Meal</b> Corned Beef Cabbage Roasted Red Potatoes Fruit Cup Bread &amp; Butter</p>	<p>17 Cheese Omelet Hashbrown Potato Stewed Tomatoes Fruit Cup Bread &amp; Butter</p>
<p>20 Ham Sweet Potatoes Mixed Vegetables Fruit Cup Bread &amp; Butter</p>	<p>21 Chicken w/ Alfredo Sauce Rosemary Redskin Potatoes Capri Blend Vegetables Fruit Cup Bread &amp; Butter</p>	<p>22 Grilled Hamburger Ranch Potato Wedges Corn Fruit Cup Bread &amp; Butter</p>	<p>23 Pot Roast Mashed Potatoes Butternut Squash Fruit Cup Bread &amp; Butter</p>	<p>24 Stuffed Cabbage Roll Mashed Poatoes Green Beans Fruit Cup Bread &amp; Butter</p>
<p>27 Stuffed Green Pepper w/Meatsauce Mashed Potatoes Green Beans Fruit Cup Bread &amp; Butter</p>	<p>28 Cheese Ravioli w/Marinara Peas &amp; Pearl Onions Wax Beans Fruit Cup Bread &amp; Butter</p>	<p>29 Chicken Stir Fry Rice Midori Vegetables Fruit Cup Bread &amp; Butter</p>	<p>30 Beef Stew Mashed Potatoes Capri Blend Vegetables Fruit Cup Bread &amp; Butter</p>	<p>31 Chicken w/Mushroom Gravy Rosemary Roasted Redskin Potatoes Sliced Carrots Fruit Cup Bread &amp; Butter</p>

Milk is served with all meals. This menu is subject to change.

The Michigan Department of Aging and Adult Services provides the regulations regarding this menu.

**TO CANCEL MEALS, PLEASE CALL: 947-3780 or 1-800-632-7334**